

**NEBRASKA SENIOR GAMES RECORDS SINCE 1997 Updated 8/22**

**TRACK & FIELD**

**800 Meter Run:**

50-54: Derry Trampe, Ord, 2:14.38: Deb Kluthe, Scotia, 3:01.31  
 55-59: Derry Trampe, Ord, 2:13.2: Stacy Shaw, Elkhorn, NE, 2:46.00  
 60-64: Derry Trampe, Ord, 2:23.49: Charlene Pratt, Riverdale, NE 3:22.8  
 65-69: Howard Weisser, Lincoln, 2:36.07 : Marlene Ronnfeldt, Minden, 4:18.96  
 70-74: Gary Patton, Rock Rapids, IA, 2:34.61: Darlene Wagner, Kearney, NE, 3:27.37  
 75-79: Ross Greathouse, Lincoln, NE, 3:21.0  
 80-84: Donald Phillips, Souix Falls, SD 4:05.61  
 85-89: Donald Phillips, Souix Falls, SD 4:39.79

**1500 M Power Walk**

55-59: Art Morrow, Japan, 10:06.96, Sandi Arnold, Cheyenne, WY, 11:45  
 60-64: Monty Mathews, Omaha, 10:12.53, Theo Joe, Fairbury, 12:39  
 65-69 John Lillyman, Kearney, 9:54: Charlene Nott, Arapahoe, NE, 12:32.45  
 70-74 Eric Van Zytveld, Denver, CO, 10:17  
 75-79 Janice Gregorius, St. George, UT, 12:28  
 80-84 Greuling Schellhorn, Boscobel, WI, 13:09.66  
 85-89 Dan Klimek, Ord, NE, 15:04

**1500 Meter Run:**

50-54: Derry Trampe, Ord, 4:27:49: Teri Kohl, Council Bluffs, IA, 6:29.06  
 55-59: Derry Trampe, Ord, 4:32:30: Stacy Shaw, Elkhorn, NE, 5:53.16  
 60-64: Derry Trampe, Ord, 4:55.27: Tracey Bennett, Niwot, CO, 6:33.10  
 65-69: Jose Badillo, Bellevue, 5:38.05  
 70-74: Gary Patton, Rock Rapids, IA 5:20.14: Maryann Boe, Sundance, WY, 7:33.8  
 75-79: Lynn Rathjen, Grand Island, 5:32.31  
 80-84: Jose Badillo, Bellevue, 7:15:30  
 85-59: Otto Lohrez, Kearney, 12:10.55

**50 Meter Dash:**

50-54: Brian Mosley Bloomfield, NM, 6.42: Kelly Erickson, Campbell, 8.53  
 55-59: Roger Tollefson, Gering, 6.5: Diahann Armstrong, Hutto, TX, 7.34  
 60-64: Michael Firsching, Edwardsville, IL, 6.78: Kay Glynn, Hastings, IA, 8.328  
 65-69: Dave McNair, Springfield, 6.79: Kay Glenn, Hastings, IA, 8.44  
 70-74: Jack Kelly, Sulphur, OK, 7.28: Jane Wasserman, Lincoln, 9.52  
 75-79: Steven Bowles, Henderson, NV, 7.61: Jane Wasserman, Lincoln, 10.17  
 80-84: Marvin Champion, Denver, 7.82: Harriet Bloemaker, Fremont, NE 14.5

85-89: Donald Phillips, Souix Falls, SD 8.957  
 90-94 Don Phillips, Sioux Falls, SD, 9.87

**100 Meter Dash:**

50-54: Brian Mosley, Bloomfield, NM, 12.15: Kay Glenn, Hastings, IA, 14.59  
 55-59: Tom Basset, Lincoln, 12:04: Kay Glenn, Hastings, IA, 14.92  
 60-64: Fred Kjer, Tuscon, AZ, 12:78: Normimah Benedict, Fayetteville, AR, 16:05  
 65-69: Dave McNair, Springfield, NE, 27.60: Kay Glynn, Hastings, IA, 16.07  
 70-74: Richard McKisson, Arvada, CO, 13.77: Maryann Boe, Sundance, WY, 16.14  
 75-79: Lee Alexander, Plainview, 13.95: Carolyn Langenwalter, Wichita, KS, 20.15  
 80-84: Lee Alexander, Plainview, 15:17  
 85-89: Donald Phillips, Sioux Falls, SD, 17.22  
 90-94 Don Phillips, Sioux Falls, SD, 18.30

**200 Meter Dash:**

50-54: Jeff Hageman, Omaha, 24.64: Kay Glenn, Hastings, IA, 30.38  
 55-59: Tom Bassett, Lincoln, 25.88: Kay Glenn, Hastings, IA 31.84  
 60-64: John Pace Fredericksburg, TX, 26.97: Debbie Hammond, Rockwall, TX, 36.87  
 65-69: Dave McNair, Springfield, NE, 27.60: Kay Glynn, Hastings, IA, 34.93  
 70-74: Richard McKisson, Arvada, CO, 29:52: Maryann Boe, Sundance, WY, 36.63  
 75-79: Steven Bowles, Henderson, NV, 29.87: Carolyn Langenwalter, Wichita, KS, 49.39  
 80-84: Marvin Champion, Denver, CO, 32.72  
 85-89: Donald Phillips, Souix Falls, SD 38.92  
 90-94 Don Phillips, Souix Falls, SD, 40.16

**400 Meter Dash:**

50-54: Burke Grandien, Laramie, WY, 56.49, Deb Kluthe, Scotia, 1:14.79  
 55-59: Trip Reynolds, Omaha, 1:00.06 : Stacy Shaw, Elkhorn, NE, 1:13.91  
 60-64: Howard Weisser, Columbus, 1:02.8: Kay Glynn, Hastings, IA, 1:43.21  
 65-69: Howard Wisser, Lincoln, 1:03.34: Ann Hegstrom, De Soto, IA, 1:36.31  
 70-74: Lee Alexander, Plainview, 1:06.64: Maryann Boe, Sundance, WY, 1:23.0  
 75-79: Lee Alexander, Plainview, 1:08.08: Carolyn Langenwalter, Wichita, KS, 1:59.13  
 80-84: Lee Alexander, Plainview, 1:14.40  
 85-89: Donald Phillips, Souix Falls, SD 1:38.73  
 90-94 Don Phillips, Sioux Falls, SD 1:52.98

**Triple Jump:**

50-54 Dan Scamehorn, Kearney, 33' 1 1/4" : Kathryn Black, Hildreth, NE, 27'1/4"  
 55-59 Mitch Lyster, McCook 35' : Kay Glynn, Hastings, 26'11"  
 60-64 Mitchell Lyster, McCook, 32'10" : Normimah Benedict, Fayetteville, AR 20'4"  
 65-69 Frank Tilton, Springfield, MO, 29'6": Kay Glynn, Hastings, IA, 24'7"  
 70-74 Jim Sharps, Smithfield, VA, 28'4" : Char Lane, Topeka, KS, 18' 8"  
 75-79 Frank Tilton, Springfield, MO, 25'9"  
 90-94 Don Phillips, Sioux Falls, 14'3"

**5000 Meter Race Walk:**

50-54: Steve Hoger, Seward, 25:53.85: Cheri Chytka, Broken Bow, 42:21:98  
 55-59: Steve Hoger, Seward, 27:23.34, Rita Sinkovec, Evergreen, CO, 33, 13  
 60-64: Steve Hoger, Seward, 29:37.29, Bertha Aldrich, Alden, IA 34:33  
 65-69: William Graham, Alliance, 31:47:11: Ann Hegstrom De Soto, IA, 35.23  
 70-74: William Graham, Alliance, 33:52.754, Jean McClaran, Des Moines, IA, 36:49  
 75-79: Richard Weaver, Grand Junction, CO, 36:43  
 80-84: Richard Weaver, Grand Junction, CO, 36:45:85  
 85-89:

**Javelin:**

50-54: Ed Morland, Westmoreland, KS, 180.7", Kay Glynn, Hastings, IA 95'9"  
 55-59: Terry Medjo, Grand Island, 144.8", Kay Glynn, Hastings, IA 71'10"  
 60-64: Ed Morland, Westmoreland, KS, 148": Kay Glynn, Hastings, IA, 68'3"

**1500 Meter Race Walk:**

50-54: Steve Hoger, Seward, 7:13.89, Marianne Martion, Littleton, CO, 8:08  
 55-59: David Couts, Whiteside, MO, 7:16.78: Lori Groom, Leawood, KS, 9:55.37  
 60-64: Steve Hager, Seward, NE, 8:02.59, Rita Sinkovec, Evergreen, CO, 9:09  
 65-69: Jim DeBell, Broomfield, CO, 8:36: Ann Hegstrom, De Soto, IA, 9.53  
 70-74: Gilbert Hill, Omaha, NE, 8:32, Gloria Glissman, 10:34  
 75-79: Richard Weaver, Grand Junction, CO, 10:10.38, Jean McClaran, Des Moines, IA, 11:49  
 80-84: Richard Weaver, Grand Junction, CO, 10:55:86  
 85-89: Dan Klimek, Ord, 12:43.86

**5000 M Power Walk**

55-59 Art Morrow, Japan, 35:33.16: Sandi Arnold, Cheyenne, WY, 41.39  
 60-64: Monty Mathews, Omaha, 37:38.70  
 65-69 Erie Van Zytveld, Denver, CO, 35.26: Mary Van Zytveld, Denver, Co, 42.40  
 70-74 Jerry Huesbsch, Perhman, MN 35:33.55  
 75-79 Janice Gregorius, St. George, UT, 43:12

**High Jump:**

50-54: Larry Joe, Fairbury, 5'5", Kay Glynn, Hastings, IA, 4'4",  
 55-59: John Carrington, St.Louis, MO, 5' : Kay Glynn, Hastings, IA 4'6"  
 60-64: David Brandt, Sprague, 5'1/4": Kay Glynn, Hastings, IA 3'10"  
 65-69: David Brandt, Sprague, 4'8 1/4": Barbara Brandt, Bighorn, WY, 3'5"  
 70-74: Frank Tilton, Springfield, MO 4'6" , Harriet Bloemker, Fremont, 3'2"  
 75-79: Frank Tilton, Springfield, MO, 4'2", Dorothy Ekblad, Lincoln, 3'11"  
 80-84: Ed Carter, Loveland, 3'10": Harriet Bloemaker, Fremont, NE 3'0"

**Long Jump:**

50-54: Ron Haubold, San Diego, CA, 16'9": Kay Glenn, Hastings, IA, 14'9"  
 55-59: Carl Etter, Duluth, MN, 16'7" : Kay Glynn, Hastings IA, 14'10"  
 60-64: Mitch Lyster, McCook, 16'3": Marion Krueger, Dent, MN, 9'  
 65-69: Frank Tilton, Springfield, MO, 14'10.75": Kay Glynn, Hastings, IA, 12'2 3/4"  
 70-74: Frank Tilton, Springfield, MO 15'1": Maryann Boe, Sundance, WY, 11'2"  
 75-79: Marvin Champion, Denver, CO, 140.5", Dorothy Ekblad, Lincoln, 5'11"  
 80-84: Ed Carter, Loveland, CO, 11'8"  
 85-89: Donald Phillips, Sioux Falls, SD, 8'9"  
 90-94 Don Phillips, Sioux Falls, SD, 6'5 1/8"

**Shot Put:**

50-54: Rick Anderson, Lawrence, KS, 46'10.5", Colleen Wallace, Belen, NM, 30' 10"  
 55-59: Jim Squires, Fairfield, 44'1.5", Lori Graff, Marienthal, KS, 31'1"  
 60-64: Bob Peters, Independence, MO, 43' 11.75": Joyce Sauer, Rapid City, SD, 30'3"  
 65-69: LaVane Johnson, Eagle, 40' 5.5": Kay Glynn, Hastings, IA, 24'7 1/4"  
 70-74: Al Salmon, Liberty, MO, 41' 6.5": Bertha Aldrich, Aiden, IA, 22'9.5"  
 75-79: Robert Gerten, Burwell, 36'1": Bonnie Champion, Denver, CO, 22'2"  
 80-84: Al Salmon, Kansas City, MO, 35'9"  
 85-89: Reuben Schleifer, Chester, 27'9":  
 90-94 Don Phillips, Sioux Falls, SD, 29'4"

**Discus**

50-54: Rick Anderson, Lawrence, KS, 166' 1.5", Colleen Wallace, Belen, NM, 90'2"  
 55-59: Richard Anderson, Lawrence, KS, 156'3": Nancy Tesdall, Sioux Falls, SD, 74'1.75"  
 60-64: Ron Anderson, McPherson, KS, 173'1": Joy Kaylor, Central City, NE, 78'6"  
 65-69: Ron Anderson, McPherson, KS, 166'2": Kay Glynn, Hastings, IA, 66'11"  
 70-74: Ron Anderson, McPherson, KS 139'5": Harriet Bloemker, Fremont, 62'10"  
 75-79: Ron Anderson, McPherson, KS, 134'4": Harriet Bloemker, Fremont, 59'4"  
 80-84: Otto Welfring, Marshalltown, IA, 93'10": Harriet Bloemaker, Fremont 61'7"  
 85-89: Eugene Price, W. Milwaukee, WI, 42":

90-94: Don Phillips, Sioux Falls, SD, 56'5"

**5K ROAD RACE**

50-54: Derry Trampe, Ord, 16:42: Kelly Erickson, Campbell, 23:35  
 55-59: Doug Trampe, Kearney, 17:08: Dawn Claus, Sutton, 23:00  
 60-64: Derry Trampe, Ord, 17:39: Tracey Barnett, Niwot, CO, 23:45  
 65-69: David Johnson, Harvard, 19:50: Donna Reeson, Placentia, CA, 29:03  
 70-74: Gary Patton, Rock Rapids, IA, 20:40: Darlene Wagner, Kearney, 30:58  
 75-79: Jose Badillo, Bellevue, 25:15: Carolyn Langenwalter, Wichita, KS, 41:57  
 80-84: Ruger Winchester, New Salem, ND 26:27  
 85-89 Otto Lohrenz, Kearney, 37:40  
 95-99: Roger Little, Valentine, 47:32

**10K ROAD RACE**

50-54 Derry Trampe, Ord, 35:00: Mindy Moyer, Aurora, 53.03  
 55-59 Derry Trampe, Ord, 35:13.65, Dawn Claus, Sutton, 47:10  
 60-64 Derry Trampe, Ord, 38:09: Tracey Barnett, Niwot, CO, 48:58  
 65-69 Doug Trampe, Kearney, NE, 45:37: Lynette Stevens, Gothenberg, 53:00  
 70-74 Jose Badillo, Bellevue, 47:16  
 75-79 Richard Friedrichsen, Seward, 56:43  
 80-8 Gerald Schaben, Seward, NE, 1:10.9

**Softball Throw:**

50-54: Terry Medjo, Grand Island, 254'2": Sally McCann, Kearney, 134' 7 1/2"  
 55-59: Terry Medjo, Grand Island, 256'9.5": Sharon Rood, Kearney, 127'3"  
 60-64: Randall Olson, Norfolk, 223'7": Sally McCann, Kearney, 130'2"  
 65-69: Randall Olson, Carroll, NE, 203'7.25": Harriet Bloemker, Fremont, 126'1"  
 70-74: Randall Olson, Carroll, NE, 186'1", Harriet Bloemker, Fremont, 124' 1"  
 75-79: Randall Olson, Nebraska City, 171'3": Harriet Bloemker, Fremont, 112'9"  
 80-84: Reuben Schleifer, Chester, 142'11.5": Harriet Bloemaker, Fremont 88' 2.75"  
 85-89: Gary Sechrist, Minneapolis, KS, 116'1"  
 90-94 Reuben Schleifer, Chester, 61'7.5"

65-69: Randall Olson, Omaha, 123'5.5": Barbara Brandt, Mesa, AZ 79'4"  
70-74: Randall Olson, Nebraska City, NE, 117'8": Harriet Blemker, Fremont 79'4"  
75-79: Randall Olson, Nebraska City, NE, 114'07": Harriet Bloemaker, Fremont, 71'10"  
80-84: Frank Bowles, Greeley, CO 76' 3/34": Harriet Bloemaker, Fremont 65'8"  
85-89: Eugene Price, W. Milwaukee, WI, 50'0", 90-94: Eugene Price 40'9"  
90-94 Don Phillips, Sioux Falls, SD, 48'5.75"

#### SWIMMING:

##### 50M Freestyle:

50-54: Scott Adams, Litchfield, 29.91: Darcy McBride, York, 36.22  
55-59: John Bolduc, Lincoln, 29.76: Sharill Prey Luedtke, Martell, 34.19  
60-64: David Wells, Omaha, 29.84: Darcy McBride, York, 39.53  
65-69: Tom Kealy, Council Bluffs, IA, 30.15: Judy Kennedy, Omaha, 43.30  
70-74: Stan LeMaster, Council Bluffs, IA, 33.16: Darcy McBride, Lincoln, NE, 42.05  
75-79: William Rogge, Lincoln, NE 37.33: Patricia Harkreader, North Platte, 47.13  
80-84: Jim Hays, Diller, 53.53: Ardyce Welch, Lincoln, 1:23.09  
85-89: Robert Severance, Beloit, KS, 1:15.1  
90-94: Robert Severance, Beloit, KS, 1:30.87

##### 100M Freestyle

50-54: Glenn Braun, Kearney, 1:07.90: Jean Eichhorst, Kearney, 1:50.36  
55-59: Scott Adams, Litchfield, 1:02.53: Sharill Prey-Luedtke, Martelle, NE, 1:16.61  
60-64: David Wells, Omaha, 1:09.00: Petey Croshaw, Fremont, 1:45.45  
65-69: Tom Kealy, Council Bluffs, IA, 1:14.16: Valerie MacLeod, Cambridge, 1:48.23  
70-74: Stan LeMaster, Council Bluffs, IA, 1:22.09: Judy Kennedy, Omaha, 1:45.16  
75-79: William Rogge, Lincoln, NE, 1:32.88, Patricia Harkreader, North Platte, 1:56.03  
80-84: Stan Dart, Kearney, NE, 2:16.75: Ardyce Welch, Lincoln, 3:11.803  
85-89: Gene Beck, Kearney, 2:35.03  
90-94 Richard Severance, Beloit, KS, 3:24.28

##### 200M Freestyle

50-54: Glenn Bruan, Kearney, 2:44.73: Sandra Stenglein, Omaha, 3:56.35  
55-59: Lincoln Murdoch, Omaha, 3:07.31: Sharill Prey-Luedtke, Martell, NE, 2:42.77  
60-64: David Wells, Omaha, 2:34.68: Judy Kennedy, Omaha, 3:54.07  
65-69: Tom Kealy, Council Bluffs, IA, 2:38.72: Teresa Lees, Bel Aire, KS, 3:36.95  
70-74: Charles Baumgarner, Salt Flat, TX 3:00.82: Judy Kennedy, Omaha, 3:48  
75-79: William Rogge, Lincoln, NE, 3:33.35: Ardyce Welch, Lincoln, 5:37.07  
80-84: Stan Dart, Kearney, 5:04.74: Ardyce Welch, Lincoln, NE 6:20.44  
85-89: Gene Beck, Kearney, 6:12.21

##### 400M Freestyle

50-54: Glenn Braun, Kearney, 5:47.0: Jean Eichhorst, Kearney, 8:23.97  
55-59: John Bolduc, Lincoln, 5:58.47: Sharill Prey-Luedtke, Martell, 5:45.50  
60-64: Tom Kealy, Council Bluffs, IA, 5:31.37: Jane Oberg, Littleton, CO, 7:15.87  
65-69: Tom Kealy, Council Bluffs, IA, 5:45.00, Jane Oberg, Littleton, CO, 7:38.00  
70-74: Stan LeMaster, Council Bluffs, IA, 6:16.55: Carol Deman, Omaha, 8:00.01  
75-79: Stan LeMaster, Council Bluffs, IA, 6:46.02: Carol Deman, Omaha, 8:50.91  
80-84: Stan Dart, Kearney, 10:22.30: Ardyce Welch, Lincoln, 13:13.964  
85-89: Gene Beck, Kearney, 12:46.78

##### 50M Backstroke

50-54: John Bolduc, Lincoln, 37.87: Darcy McBride, York, 43.44  
55-59: John Sloan, Lake Forest, IL, 39.79: Sharill Prey-Luedtke, Martell, 40.48  
60-64: Mark Hakel, Lincoln, 40.28: Darcy McBride, York, 44:53  
65-69: Terry Medjo, Grand Island, 41.8, Darcy McBride, Lincoln, 49.5  
70-74: Terry Medjo, Grand Island, 45.94: Darcy McBride, Lincoln, NE, 50.94  
75-79: Terry Medjo, Grand Island, NE, 49.40: Carol Allen Loup City, NE, 1:01.19  
80-84: Gene Beck, Kearney, 1:09.43: Marie Kreipe, Tecumseh, 1:46.53  
85-89: Gene Beck, Kearney, 1:09.72  
90-94: Robert Severance, Beloit, KS, 2:01.5

##### 200M Medley:

50-54: Mary Pat Moeller, Omaha, 3:49.10  
55-59: Roger Holthaus, Omaha, 3:50.06: Sharill Prey-Luedtke, Martell, NE, 3:12.89  
60-64: Roger Holthaus, Omaha, 3:50.06: Mary Pat Moeller, Omaha, 4:20.06  
65-69: Tom Kealy, Council Bluffs, IA, 3:14.90: Teresa Lees, Bel Aire, KS, 4:14.38  
70-74: Stan LeMaster, Council Bluffs, IA, 3:21.96  
75-79: Stan LeMaster, Council Bluffs, IA, 3:45.71, Helen Sauer, Denver, 5:30.88

##### 400M Medley:

55-59: Sharill Prey-Luedtke, Martell, 6:38.95  
60-64: Ralph Swiger, Suffolk, VA, 9:45.09  
65-69: Tom Kealy, Council Bluffs, IA, 6:58.18  
70-74: James Hill, Springfield, VA, 9:38.77  
75-79: Stan LeMaster, Council Bluffs, IA, 7:44.84

##### 50M Butterfly

50-54: Scott Adams, Litchfield, 37.37: Mary Pat Moeller, 45.46  
55-59: John Bolduc, Lincoln, 33.45: Sharill Prey-Luedtke, Martell, 39.96  
60-64: Tom Kealy, Council Bluffs, NE, 37.2: Judy Kennedy, 53:56  
65-69: Roger Holthaus, Omaha, 47:44.2: Pat Craze, Montrose, CO, 1:12.53  
70-74: Stan LeMaster, Council Bluffs, IA, 47.33:  
75-79: John Skoog, Omaha, 50.18  
80-84: Les Demmel, Omaha, 1:36.09  
85-89: Lester Demmel, Omaha, 2:11.44

##### 100M Butterfly:

50-54: Mary Pat Moeller, Omaha, 1:54.82  
55-59: Sharill Prey-Luedtke, Martell, 1:35.49  
60-64: Tony Haske, Omaha, 1:39.03: Jane Oberg, Littleton, 1:54.76  
65-69: Roger Holthaus, Omaha, 1:59.08: Jane Oberg, Littleton, CO, 1:54.36  
70-74: Stan LeMaster, Council Bluffs, IA, 1:50.75  
75-79: Stan LeMaster, Council Bluffs, IA, 1:50.94  
80-84: Craig Walker, Redlands, CA, 5:35.36

##### 200M Butterfly:

55-59 Sharill Prey-Luedtke, Martell, 1:35.49  
60-64 Ralph Swiger, Suffolk, VA, 5:20.04  
65-69 Tom Kealy, Council Bluffs, IA, 3:37.18

##### 50M Breaststroke:

50-54: Scott Adams, Litchfield, 42.21: Mary Pat Moeller, Omaha, 50.04  
55-59: John Sloan, Lake Forest, IL, 40.22: Olga Craig, Cheyenne, WY, 50.28  
60-64: Raul Borrastero, Brighton, CO, 41.32: Barb Amrhein, Canyon, TX 53.34  
65-69: Terry Medjo, Grand Island, 43:90: Debroh Qualey, Gering, 1:03.07  
70-74: Stan LeMaster, Council Bluffs, IA, 42.81: Pat Craze, Montrose, CO, 1:03.81  
75-79: Baton Greenberg, Omaha, 44.59: Carol Allen Loup City, 1:10.01  
80-84: Cornelius Kelly, 1:13.56: Carol Allen, Loup City, 1:25.90  
85-89: Robert Severance, Biolet, KS, 1:55.84  
90-94: Robert Severance, Beloit, KS, 2:20.38

##### 100M Breaststroke:

50-54: Ben James, Lincoln 1:53.18, Lynn Kurutz, Papillion, 1:54.64  
55-59: Terry Medjo, Grand Island, 1:38.93, Sharill Prey-Luedtke, Martelle, NE, 1:44.74  
60-64: Raul Borrastero, Brighton, CO, 1:34.10: Mary Pat Moeller, Omaha, 2:06:21  
65-69: Terry Medjo, Grand Island, 1:42.89, Jane Oberg, Littleton, CO, 2:05.41  
70-74: Charles Baumgarner, Salt Flat, TX, 1:42.32, Carol Allen, Loup City, 2:31.22  
75-79: Stan LeMaster, Council Bluffs, IA, 1:45.02, Carol Allen Loup City, 2:44.47  
80-84: Cornelius Kelly 3:49.13: Gloria Glissmann, Omaha, NE, 3:40:88  
85-89:

##### 200M Breaststroke

50-54: Gail Klimek, Omaha, 4:14:48 : Courtney Drake, Hastings, 4:40:19  
55-59: Ron Konecny, Kearney, 4:14:49 : Sharill Prey-Luedtke & Judith Stucky from NE, 3:43:60  
60-64: Terry Medjo, Grand Island, 3:45:15 : Mary Pat Moeller, Omaha, 4:33:30  
65-69: Tom Kealy, Council Bluffs, IA, 3:48.27: Deborah Qualey, Gering, 5:13.46  
70-74: Stan LeMaster, Council Bluffs, IA, 3:44.39: Carol Allen, Loup City, 5:39.74  
75-79: Stan LeMaster, Council Bluffs, IA, 3:56.29,4:18.04: Carol Allen Loup City, 5:45.37  
80-84: Cornelius Kelly, Pinedale, WY, 8:03.57

##### 100M Backstroke

50-54: Ron Konecny, Kearney, 1:28.88  
55-59: Ron Konecny, Kearney, 1:29:75 : Sharill Prey-Luedtke, Martell, NE, 1:32.92  
60-64: Mark Hakel, Lincoln, 1:31.15: Darcy McBride, Lincoln, 1:55.16  
65-69: Terry Medjo, Grand Island, 1:38.66: Mariana Phipps, Omaha, 1:59:13  
70-74: Stan LeMaster, Council Bluffs, IA, 1:46.68: Darcy McBride, Lincoln, 1:52.70  
75-79: Joe Craze, Montrose, CO, 2:43.72: Patricia Harkreader, North Platte, 2:19.85  
80-84: Chuck Sauer, Denver, 2:25, Taeko Baldwin, Lincoln, 2:54.72  
85-89: Gene Beck, Kearney, 2:50.50  
90-94: Robert Severance, Biolet, KS, 4:08.25

##### 200M Backstroke

50-54: Bruce Jochen, Pierce, 4:21.25, Darcy McBride, York, 3:44.54  
55-59: John Sloan, Lake Forest, IL, 3:24.15 : Sharill Prey-Luedtke, Martell, 3:02.23  
60-64: Mark Hakel, Lincoln, NE 3:37.83 Judy Kennedy, Omaha, 4:08.33  
65-69: Tom Kealy, Council Bluffs, IA, 3:25.01: Mariana Phipps, Omaha, 4:04:61  
70-74: Terry Medjo, Grand Island, 4:13.61: Darcy McBride, Lincoln, NE, 4:28.13  
75-79: Bill Schroen, Omaha, 5:42.5,  
80-84: Gene Beck, Kearney, 6:22.05  
85-89: Gene Beck, Kearney, 6:32.1

##### 100 IM Medley

55-59 Mark Bibeault, Medananles, NM, 4:54.25, Sharill Prey-Luedtke, Martelle, NE, 1:36.22  
60-64 Raul Borrastero, Brighton, CO, 1:27.25, Barb Amrhein, Canyon, TX 2:22.6  
65-69 Tom Kealy, Council Bluffs, IA, 1:36.51, Nancy Harrington, Saint Paul, NE, 2:32.38  
70-74 Stan LeMaster, Council Bluffs, IA, 1:39.43  
75-79 Terry Medjo, Grand Island, 1:54.02  
80-84 Craig Walker, Redlands, CA, 4:19.00

##### GOLF:

50-54: Todd Jelden, Kearney, 69, Pamela Gallagher, Grand Island, 81  
55-59: Gene Schneringer, Callaway, 67: Pamela Gallagher, Grand Island, 83  
60-64: Gary Mason, Kearney, 67: Susan Rohrsneider, Ralston, 85  
65-69: Gary Mason, Kearney, 65: Mary Halkyard, Gibbon, 85  
70-74: Gary Mason, Kearney, 70: Elda Rodgers, Kearney, 93  
75-79: Orlian Grams, Minden, 74: Harriet Bloemaker, Fremont, 105  
80-84: Gary Bowen, Omaha, NE, 80  
85-89: Vernon Swanson, Kearney, 87  
Orlian Grams, Minden, 87  
90-94: Eugene Price, 104

##### DISC GOLF

50-54: Kent Krause, Lincoln, 46: Tami Anderson, Kearney, 61  
55-59: Joe Johnson, Kearney, NE, 43: Judy Bellairs, Kearney, 53  
60-64: Jerry Munsell, Kearney, 47: Joyce Sauer, Rapid City, SD, 51  
65-69: Cole Kerby, Kearney, 46: Sally McCann, Kearney, 63  
70-74: Tom McCann, Kearney, 50: Regina McCann, Kearney, 70  
75-79: LaVerne Mueller, Norfolk, 49: Regina McCann, Kearney, 79  
80-84 Richard Bright, Rvenna, 76:

##### BOWLING:

###### Singles:

50-54: Patrick Dority, Lincoln, 769: Karen Schroer, Kearney, 569  
55-59: Gary Flowers, Omaha, 658: Rosalie Roscoe, Grand Island, 551  
60-64: John Bierman, Omaha, 732: Eloise Shuck, North Platte, 617  
65-69: John Nikkila, Kearney, 589: Ola Shaw, Kansas City, KS, 568  
70-74: Larry Harrington, Kearney, 672: Ruby Walker, Hastings, 555  
75-79: Walter Walker, Hastings, 731: Ruby Walker, Hastings, 560  
80-84: Roger Bredahl, Columbus, 615: Barbara Sampson, Columbus, 522  
85-89: Walter Beck, Columbus, 513, Lois Egger, Hickman, 401  
90-94: Otto Husak, Omaha NE, 446: Jeanne Ackerman, Kearney, 196

###### Doubles:

50-54: Houtz/Zikmund, Kearney, 1289: Gardner/Gundmundson, Kearney, 1048  
55-59: Younglove/Layman, Lincoln 1249: Klein/Wiester, Kearney, 1060

70-74 Stan LeMaster, Council Bluffs, IA, 3:58.56  
80-84 Craig Walker, Redlands, CA, 12:55.52

**CYCLING:**

**5K**

50-54: John Cox, Cheyenne, WY, 6:43: Patti Vanderhoff, Centeron, AR, 8:06  
55-59: Dick Walker, Shawnee, KS 6:52.94, Suzanne Wilson, Omaha, 7:58  
60-64: Richard Stewart, Castle Rock, CO, 6:51: Cindy Shaw, Auburn, NE, 8:17  
65-69: Richard Stewart, Castle Rock, CO, 6:52: Cathy Eastman, Lincoln, 8:24  
70-74: Robert Thompson, Lakewood, CO, 7:27: Carol Deman, Omaha, 8:47  
75-79: Gary McGregor, Atchinson, KS, 7:48: Nancy Brown, Bennet, NE, 10:55  
80-84: Terry Knowles, Topeka, KS, 9:23

**85-89:**

**10K**

50-54: John Cox, Cheyenne, WY, 14:12: Patti Vanderhoff, Centeron, AR, 16:04  
55-59: Gregory Bennett, Versailles, MO, 13:13: Suzanne Wilson, Omaha, 16:03  
60-64: Richard Stewart, Castle Rock, CO, 13:58: Cindy Shaw, Auburn, NE, 16:38  
65-69: Richard Stewart, Castle Rock, CO, 14:13: Nancy Brown, Bennet, 18:01  
70-74: Eric Van Zytveld, Denver, CO, 15:10: Carol Deman, Omaha, 18:21  
75-79: Michael Balog, Arvada, CO, 16:12: Nancy Brown, Bennett, 22:09  
80-84: Wilfred Miller, Topeka, KS, 19:34  
85-89: Richard Reynolds, Oro Valley, AZ, 19:32

**20K**

50-54: Craig Harding, Omaha, 30:36: Suzanne Wilson, Omaha, 33:02  
55-59: Fred Galata, Omaha, 30:14: Christine Smith, Rochester, MN, 31:06  
60-64: Scott Bullfince, Lincoln, 30:40: Cindy Shaw, Auburn, NE, 34:46  
65-69: Bill Earp, Independence, MO, 30:37: Ann Shuman, West Des Moines, IA, 36:19  
70-74: Gary Scott, Wheatland, OK, 31:08: Nancy Brown, Bennett 37:26  
75-79: William Earp, Independence, MO, 33:45: Alice Heckman, Kearney, 54:56

**40K**

50-54: Craig Harding, Omaha, 52:24.00: Sydeny Brown, Lincoln, 1:02.09  
55-59: Stephen Cramer, Omaha, 54:55: Nancy Stirek, Omaha, 1:04.32  
60-64: Scott Bullfince, Lincoln, 52:29: Suzanne Wilson, Omaha, 1:02.49  
65-69: Bill Earp, Independence, MO, 54:13: Cathy Eastman, Lincoln, 1:18.54  
70-74: William Earp, Independence, MO, 1:02.43  
75-79: William Earp, Independence, MO, 1:02.00: Alice Heckman, Kearney, 1:35.1

60-64: Ford/Kita, Omaha, 1275: Weisser/Korber, Columbus/Lincoln, 1064  
65-69: Grimstad, Thompson, Bellevue, 1158: Norden/Wood, Lexington, 1027  
70-74: Smith/Walker, Hastings, 1196: Ewing/Walker, Bellevue, Hastings, 1037  
75-79: Harrington/Smallcomb, Kearney, 1222: Buske/Landrigan, Ravenna, 936  
80-84: VanKotten/Thomas, Long Island/Norton, KS, 747 (women)

**Mixed Doubles:**

50-54: Fread/Fread, Lexington, 1284  
55-59: Fruhling/Wiester, Kearney, NE, 1248  
60-64: Hulla/Hulla, Bellevue, 1062  
65-69: Weisser/Weisser, Lincoln, 1052  
70-74: Husak/Kay, Omaha, 1108  
75-79: Walker, Walker, Hastings, 1082  
80-84: Walker/Walker, Hastings, 1053  
85-89: Egger/Egger, Hickman, 839