

NEBRASKA SENIOR GAMES RECORDS SINCE 1997 Updated 8/21

TRACK & FIELD

800 Meter Run:

50-54: Derry Trampe, Ord, 2:14.38: Deb Kluthe, Scotia, 3:01.31
 55-59: Derry Trampe, Ord, 2:13.2, Deborah Kluthe, Scotia, 3:09.8
 60-64: Derry Trampe, Ord, 2:23.49: Charlene Pratt, Riverdale, NE 3:22.8
 65-69: Howard Weisser, Lincoln, 2:36.07 : Marlene Ronnfeldt, Minden, 4:18.96
 70-74: Gary Patton, Rock Rapids, IA, 2:34.61: Darlene Wagner, Kearney, NE, 3:27.37
 75-79: Ross Greathouse, Lincoln, NE, 3:21.0
 80-84: Donald Phillips, Sioux Falls, SD 4:05.61
 85-89: Donald Phillips, Sioux Falls, SD 4:39.79

1500 M Power Walk

55-59: Art Morrow, Japan, 10:06.96, Sandi Arnold, Cheyenne, WY, 11:45
 60-64: Monty Mathews, Omaha, 10:12.53, Theo Joe, Fairbury, 12:39
 65-69: John Lillyman, Kearney, 9:54: Charlene Nott, Arapahoe, NE, 12:32.45
 70-74: Jerry Huesbsch, Perham, MN, 10:25.62
 75-79: Janice Gregorius, St. George, UT, 12:28
 80-84: Greuling Schellhorn, Boscobel, WI, 13:09.66
 85-89: Dan Klimek, Ord, NE, 15:04

1500 Meter Run:

50-54: Derry Trampe, Ord, 4:27:49: Teri Kohl, Council Bluffs, IA, 6:29.06
 55-59: Derry Trampe, Ord, 4:32.30: Deb Kluthe, Scotia, 6:39.1
 60-64: Derry Trampe, Ord, 4:55.27: Tracey Bennett, Niwot, CO, 6:33.10
 65-69: Jose Badillo, Bellevue, 5:38.05
 70-74: Gary Patton, Rock Rapids, IA 5:20.14: Maryann Boe, Sundance, WY, 7:33.8
 75-79: Lynn Rathjen, Grand Island, 5:32.31
 80-84: Jose Badillo, Bellevue, 7:15:30
 85-59: Otto Lohrez, Kearney, 12:10.55

50 Meter Dash:

50-54: Brian Mosley Bloomfield, NM, 6.42: Kelly Erickson, Campbell, 8.53
 55-59: Roger Tollefson, Gering, 6.5: Diahann Armstrong, Hutto, TX, 7.34
 60-64: Michael Firsching, Edwardsville, IL, 6.78: Kay Glynn, Hastings, IA, 8.328
 65-69: Dave McNair, Springfield, 6.79: Kay Glenn, Hastings, IA, 8.44
 70-74: Jack Kelly, Sulphur, OK, 7.28: Jane Wasserman, Lincoln, 9.52
 75-79: Steven Bowles, Henderson, NV, 7.61: Jane Wasserman, Lincoln, 10.17
 80-84: Marvin Champion, Denver, 7.82: Harriet Bloemmaker, Fremont, NE 14.5

85-89: Donald Phillips, Sioux Falls, SD 8.957
 90-94 Don Phillips, Sioux Falls, SD, 9.87

100 Meter Dash:

50-54: Brian Mosley, Bloomfield, NM, 12.15: Kay Glenn, Hastings, IA, 14.59
 55-59: Tom Bassett, Lincoln, 12:04: Kay Glenn, Hastings, IA, 14.92
 60-64: Fred Kjer, Tuscon, AZ, 12:78: Normimah Benedict, Fayetteville, AR, 16:05
 65-69: John Pace, Fredericksburg, TX, 13.21: Kay Glynn, Hastings, IA, 16.07
 70-74: Richard McKisson, Arvada, CO, 13.77: Maryann Boe, Sundance, WY, 16.14
 75-79: Lee Alexander, Plainview, 13.95: Carolyn Langenwalter, Wichita, KS, 20.15
 80-84: Lee Alexander, Plainview, 15:17
 85-89: Donald Phillips, Sioux Falls, SD, 17.22
 90-94 Don Phillips, Sioux Falls, SD, 18.30

200 Meter Dash:

50-54: Jeff Hageman, Omaha, 24.64: Kay Glenn, Hastings, IA, 30.38
 55-59: Tom Bassett, Lincoln, 25.88: Kay Glenn, Hastings, IA 31:84
 60-64: John Pace Fredericksburg, TX, 26.97: Debbie Hammond, Rockwall, TX, 36.87
 65-69: Ray Graves, Scottsdale, AZ 28.09, Kay Glynn, Hastings, IA, 34.93
 70-74: Richard McKisson, Arvada, CO, 29:52: Maryann Boe, Sundance, WY, 36.63
 75-79: Steven Bowles, Henderson, NV, 29.87: Carolyn Langenwalter, Wichita, KS, 49.39
 80-84: Marvin Champion, Denver, CO, 32.72
 85-89: Donald Phillips, Sioux Falls, SD, 38.92
 90-94 Don Phillips, Sioux Falls, SD, 40.16

400 Meter Dash:

50-54: Burke Grandien, Laramie, WY, 56.49, Deb Kluthe, Scotia, 1:14.79
 55-59: Trip Reynolds, Omaha, 1:00.06 : Kay Glynn, Hastings, IA, 1:16.11
 60-64: Howard Weisser, Columbus, 1:02.8: Kay Glynn, Hastings, IA, 1:43.21
 65-69: Howard Wissner, Lincoln, 1:03.34: Ann Hegstrom, De Soto, IA, 1:36.31
 70-74: Lee Alexander, Plainview, 1:06.64: Maryann Boe, Sundance, WY, 1:23.0
 75-79: Lee Alexander, Plainview, 1:08.08: Carolyn Langenwalter, Wichita, KS, 1:59.13
 80-84: Lee Alexander, Plainview, 1:14.40
 85-89: Donald Phillips, Sioux Falls, SD 1:38.73
 90-94 Don Phillips, Sioux Falls, SD 1:52.98

Triple Jump:

50-54 Dan Scamehorn, Kearney, 33' 1 1/4" : Cynthia Ritter, Lincoln, 207"
 55-59 Mitch Lyster, McCook 35' : Kay Glynn, Hastings, 26'11"
 60-64 Mitchell Lyster, McCook, 32'10" : Normimah Benedict, Fayetteville, AR 204"
 65-69 Frank Tilton, Springfield, MO, 29'6" : Kay Glynn, Hastings, IA, 247"
 70-74 Jim Sharps, Smithfield, VA, 28'4" : Char Lane, Topeka, KS, 18' 8"
 75-79 Frank Tilton, Springfield, MO, 25'9"
 90-94 Don Phillips, Sioux Falls, 14'3"

5000 Meter Race Walk:

50-54: Steve Hoger, Seward, 25:53.85: Cheri Chytka, Broken Bow, 42:21:98
 55-59: Steve Hoger, Seward, 27:23.34, Rita Sinkovec, Evergreen, CO, 33.13
 60-64: Steve Hoger, Seward, 29:37.29, Bertha Aldrich, Alden, IA 34:33
 65-69: William Graham, Alliance, 31:47:11: Ann Hegstrom De Soto, IA, 35.23
 70-74: William Graham, Alliance, 33:52.754, Jean McClaran, Des Moines, IA, 36:49
 75-79: Richard Weaver, Grand Junction, CO, 36:43
 80-84: Richard Weaver, Grand Junction, CO, 36:45:85
 85-89:

Javelin:

50-54: Ed Morland, Westmoreland, KS, 180:7", Kay Glynn, Hastings, IA 95'9"
 55-59: Terry Medjo, Grand Island, 144'8", Kay Glynn, Hastings, IA 71'10"
 60-64: Ed Morland, Westmoreland, KS, 148": Kay Glynn, Hastings, IA, 68'3"
 65-69: Randall Olson, Omaha, 123'5.5": Barbara Brandt, Mesa, AZ 79'4"
 70-74: Randall Olson, Nebraska City, NE, 117'8": Harriet Bloemker, Fremont 79'4"
 75-79: Robert Gerten, Burwell, NE, 112'06": Harriet Bloemker, Fremont, 71'10"
 80-84: Frank Bowles, Greeley, CO 76' 3 3/4": Harriet Bloemker, Fremont 65'8"
 85-89: Eugene Price, W. Milwaukee, WI, 50'0", 90-94: Eugene Price 40'9"
 90-94 Don Phillips, Sioux Falls, SD, 48'5.75"

SWIMMING:

50M Freestyle:

50-54: Scott Adams, Litchfield, 29.91: Darcy McBride, York, 36.22
 55-59: John Bolduc, Lincoln, 29.76: Darcy McBride, York, 37.0

1500 Meter Race Walk:

50-54: Steve Hoger, Seward, 7:13.89, Marianne Martion, Littleton, CO, 8:08
 55-59: David Couts, Whiteside, MO, 7:16.78: Lori Groom, Leawood, KS, 9:55.37
 60-64: Steve Hager, Seward, NE, 8:02.59, Rita Sinkovec, Evergreen, CO, 9:09
 65-69: Jim DeBell, Broomfield, CO, 8:36: Ann Hegstrom, De Soto, IA, 9.53
 70-74: Gilbert Hill, Omaha, NE, 8:32, Gloria Glissman, 10:34
 75-79: Richard Weaver, Grand Junction, CO, 10:10.38, Jean McClaran, Des Moines, IA, 11:49
 80-84: Richard Weaver, Grand Junction, CO, 10:55:86
 85-89: Dan Klimek, Ord, 12:43.86

5000 M Power Walk

55-59 Art Morrow, Japan, 35:33.16: Sandi Arnold, Cheyenne, WY, 41.39
 60-64: Monty Mathews, Omaha, 37:38.70
 65-69: Erie Van Zytveld, Denver, CO, 35.26: Mary Van Zytveld, Denver, Co, 43.08
 70-74 Jerry Huesbsch, Perham, MN 35:33.55
 75-79 Janice Gregorius, St. George, UT, 43:12

High Jump:

50-54: Larry Joe, Fairbury, 5'5", Kay Glynn, Hastings, IA, 4'4",
 55-59: John Carrington, St.Louis,MO, 5' : Kay Glynn, Hastings, IA 4'6"
 60-64: David Brandt, Sprague, 5'1/4": Kay Glynn, Hastings, IA 3'10"
 65-69: David Brandt, Sprague, 4'8 1/4": Barbara Brandt, Bighorn, WY, 3'5"
 70-74: Frank Tilton, Springfield, MO 4'6" , Harriet Bloemker, Fremont, 3'2"
 75-79: Frank Tilton, Springfield, MO, 4'2", Dorothy Ekblad, Lincoln, 3'11"
 80-84: Ed Carter, Loveland, 3'10": Harriet Bloemker, Fremont, NE 3'0"

Long Jump:

50-54: Ron Haubold, San Diego, CA, 16'9": Kay Glenn, Hastings, IA, 14'9"
 55-59: Carl Etter, Duluth, MN, 16'7" : Kay Glynn, Hastings IA, 14'10"
 60-64: Mitch Lyster, McCook, 16'3": Marion Krueger, Dent, MN, 9"
 65-69: Frank Tilton, Springfield, MO, 14'10.75": Kay Glynn, Hastings, IA, 12'2 3/4"
 70-74: Frrank Tilton, Springfield, MO 15'1": Maryann Boe, Sundance, WY, 11'2"
 75-79: Marvin Champion, Denver, CO, 14'0.5", Dorothy Ekblad, Lincoln, 5'11"
 80-84: Ed Carter, Loveland, CO, 11'8"
 85-89: Donald Phillips, Sioux Falls, SD, 8'9"
 90-94 Don Phillips, Sioux Falls, SD, 6'5 1/8"

Shot Put:

50-54: Rick Anderson, Lawrence, KS, 46'10.5", Colleen Wallace, Belen, NM, 30' 10"
 55-59: Jim Squires, Fairfield, 44'1.5", Lori Graft, Marienthal, KS, 31'1"
 60-64: Bob Peters, Independence, MO, 43' 11.75": Kay Glynn, Hastings, IA, 25'5"
 65-69: LaVane Johnson, Eagle, 40' 5.5": Kay Glynn, Hastings, IA, 24'7 1/4"
 70-74: Al Salmon, Liberty, MO, 41' 6.5": Bertha Aldrich, Alden, IA, 22'9.5"
 75-79: Robert Gerten, Burwell, 36'1": Bonnie Champion, Denver, CO, 22'2"
 80-84: Al Salmon, Kansas City, MO, 35'9"
 85-89: Reuben Schleifer, Chester, 27'9":
 90-94 Don Phillips, Sioux Falls, SD, 29'4"

Discus

50-54: Rick Anderson, Lawrence, KS, 166' 1.5", Colleen Wallace, Belen, NM, 90'2"
 55-59: Richard Anderson, Lawrence, KS, 156'3": Nancy Tesdall, Sioux Falls, SD, 74'1.75"
 60-64: Ron Anderson, McPherson, KS, 173'1": Joy Kaylor, Central City, NE, 78'6"
 65-69: Ron Anderson, McPherson, KS, 166'2": Kay Glynn, Hastings, IA, 66'11"
 70-74: Ron Anderson, McPherson, KS 139'5": Harriet Bloemker, Fremont, 62'10"
 75-79: Ron Anderson, McPherson, KS, 134'4": Harriet Bloemker, Fremont, 59'4"
 80-84: Otto Welfring, Marshalltown, IA, 93'10": Harriet Bloemker, Fremont 61'7"
 85-89: Eugene Price, W. Milwaukee, WI, 42":

90-94: Don Phillips, Sioux Falls, SD, 56'5"

5K ROAD RACE

50-54: Derry Trampe, Ord, 16:42: Kelly Erickson, Campbell, 23:35
 55-59: Doug Trampe, Kearney, 17:08: Dawn Claus, Sutton, 23:00
 60-64: Derry Trampe, Ord, 17:39: Tracey Barnett, Niwot, CO, 23:45
 65-69: David Johnson, Harvard, 19:50: Donna Reeson, Placentia, CA, 29:03
 70-74: Gary Patton, Rock Rapids, IA, 20:40: Darlene Wagner, Kearney, 30:58
 75-79: Jose Badillo, Bellevue, 25:15: Carolyn Langenwalter, Wichita, KS, 41:57
 80-84: Ruger Winchester, New Salem, ND 26:27
 85-89 Otto Lohrenz, Kearney, 37:40
 95-99: Roger Little, Valentine, 47:32

10K ROAD RACE

50-54 Derry Trampe, Ord, 35:00: Mindy Moyer, Aurora, 53.03
 55-59 Derry Trampe, Ord, 35:13.65, Dawn Claus, Sutton, 47:10
 60-64 Derry Trampe, Ord, 38:09: Tracey Barnett, Niwot, CO, 48:58
 65-69 James Richard, Verdon, NE, 48:54: Lynette Stevens, Gothenberg, 53:00
 70-74 Jose Badillo, Bellevue, 47:16
 75-79 Richard Friedrichsen, Seward, 56:43

Softball Throw:

50-54: Terry Medjo, Grand Island, 254'2": Sally McCann, Kearney, 134' 7 1/2"
 55-59: Terry Medjo, Grand Island, 256'9.5": Sharon Rood, Kearney, 127'3"
 60-64: Randall Olson, Norfolk, 223'7": Sally McCann, Kearney, 130'2"
 65-69: Randall Olson, Carroll, NE, 203'7.25": Harriet Bloemker, Fremont, 126' 1"
 70-74: Randall Olson, Carroll, NE, 186'1", Harriet Bloemker, Fremont, 124' 1"
 75-79: Reuben Schleifer, Chester, 161'8": Harriet Bloemker, Fremont, 112'9"
 80-84: Reuben Schleifer, Chester, 142'11'8": Harriet Bloemker, Fremont 88'.2.75"
 85-89: Gary Sechrist, Minneapolis, KS, 116'1"
 90-94 Reuben Schleifer, Chester, 61'7.5"

50M Breaststroke:

50-54: Scott Adams, Litchfield, 42.21: Mary Pat Moeller, Omaha, 50.04
 55-59: John Sloan, Lake Forest, IL, 40.22 : Olga Craig, Cheyenne, WY, 50.28
 60-64: Raul Borrastero, Brighton, CO, 41.32: Barb Amrhein, Canyon, TX 53.34
 65-69: Terry Medjo, Grand Island, 43:90: Debroh Qualey, Gering, 1:03.07
 70-74: Stan LeMaster, Council Bluffs, IA, 42.81: Pat Craze, Montrose, CO, 1:03.81
 75-79: Baton Greenberg, Omaha, 44.59: Carol Allen Loup City, 1:10.01
 80-84: Cornelius Kelly, 1:13.56: Carol Allen, Loup City, 1:25.90
 85-89: Robert Severance, Biloet, KS, 1:55.84
 90-94: Robert Severance, Beloit, KS, 2:20.38

60-64: David Wells, Omaha, 29.84, : Darcy McBride, York, 39:53
65-69: Tom Kealy, Council Bluffs, IA, 30:15: Judy Kennedy, Omaha, 43:30
70-74: Stan LeMaster, Council Bluffs, IA, 33:16 : Judy Kennedy, Omaha, 45:16
75-79: Thompson Burgess, Woodland Park, CO 39:59: Patricia Harkreader, North Platte, 47:11
80-84: Jim Hays, Diller, 53.53 : Ardyce Welch, Lincoln, 1:23.09
85-89: Robert Severance, Beloit, KS, 1:15.1
90-94: Robert Severance, Beloit, KS, 1:30.87

100M Freestyle

50-54: Glenn Braun, Kearney, 1:07.90: Jean Eichhorst, Kearney, 1:50.36
55-59: Scott Adams, Litchfield, 1:02:53: Jean Eichhorst, Kearney, 1:46.87
60-64: David Wells, Omaha, 1:09.00: Petey Croshaw, Fremont, 1:45.45
65-69: Tom Kealy, Council Bluffs, IA, 1:14.16: Valerie MacLeod, Cambridge, 1:48.23
70-74: Stan LeMaster, Council Bluffs, IA, 1:22.09: Judy Kennedy, Omaha, 1:45.16
75-79: John Skoog, Omaha, 1:44.26, Patricia Harkreader, North Platte, 1:56.03
80-84: Ray Miller, Spirit Lake, IA, 2:19.22: Ardyce Welch, Lincoln, 3:11.803
85-89: Gene Beck, Kearney, 2:35.03
90-94 Richard Severance, Beloit, KS, 3:24.28

200M Freestyle

50-54: Glenn Bruan, Kearney, 2:44.73: Sandra Stenglein, Omaha, 3:56.35
55-59: Lincoln Murdoch, Omaha, 3:07.31: Sharill Prey-Luedtke, Martell, NE, 2:50.27
60-64: David Wells, Omaha, 2:34.68: Judy Kennedy, Omaha, 3:54.07
65-69: Tom Kelly, Council Bluffs, IA, 2:46.22: Teresa Lees, Bel Aire, KS, 3:36.95
70-74: Charles Baumgarner, Salt Flat, TX 3:00.82: Judy Kennedy, Omaha, 3:48
75-79: Stan Dart, Kearney, NE, 4:34.45: Ardyce Welch, Lincoln, 5:37.07
80-84: Gene Beck, Kearney, 5:11.94: Ardyce Welch, Lincoln, NE 6:20.44
85-89: Gene Beck, Kearney, 6:12.21

400M Freestyle

50-54: Glenn Braun, Kearney, 5:47.0: Jean Eichhorst, Kearney, 8:23.97
55-59: John Bolduc, Lincoln, 5:58.47 : Sharill Prey-Luedtke, Martell, 5:45.50
60-64: Tom Kealy, Council Bluffs, IA, 5:31.37: Jane Oberg, Littleton, CO, 7:15.87
65-69: Tom Kealy, Council Bluffs, IA, 5:45.00, Jane Oberg, Littleton, CO, 7:38.00
70-74: Stan LeMaster, Council Bluffs, IA, 6:16.55 : Carol Deman, Omaha, 8:00:01
75-79: Kenneth Deman, Omaha, 9:00.65: Carol Deman, Omaha, 8:50.91
80-84: Gene Beck, Kearney, 11:19.84: Ardyce Welch, Lincoln, 13:13.964
85-89: Gene Beck, Kearney, 12:46:78

50M Backstroke

50-54: John Bolduc, Lincoln, 37.87: Darcy McBride, York, 43.44
55-59: John Sloan, Lake Forest, IL, 39.79: Sharill Prey-Luedtke, Martell, 40.48
60-64: Mark Hakel, Lincoln, 40.28: Darcy McBride, York, 44:53
65-69: Terry Medjo, Grand Island, 41.8, Darcy McBride, Lincoln, 49.5
70-74: Terry Medjo, Grand Island, 45.94 : Judy Kennedy, Omaha, 57.16
75-79: Chuck Sauer, Denver, CO, 59.7: Carol Allen Loup City, NE, 1:01.19
80-84: Gene Beck, Kearney, 1:09.43: Marie Kreipe, Tecumseh, 1:46.53
85-89: Gene Beck, Kearney, 1:09.72
90-94: Robert Severance, Beloit, KS, 2:01.5

200M Medley:

50-54: Mary Pat Moeller, Omaha, 3:49.10
55-59: Roger Holthaus, Omaha, 3:50.06: Sharill Prey-Luedtke, Martell, NE, 3:12.89
60-64: Roger Holthaus, Omaha, 3:50.06: Mary Pat Moeller, Omaha, 4:20:06
65-69: Tom Kealy, Council Bluffs, IA, 3:14.90: Teresa Lees, Bel Aire, KS, 4:14.38
70-74: Stan LeMaster, Council Bluffs, IA, 3:21.96
75-79: Chuck Sauer, Denver, 7:29.81, Helen Sauer, Denver, 5:30.88

400M Medley:

55-59: Sharill Prey-Luedtke, Martell, 6:38.95
60-64: Ralph Swiger, Suffolk, VA, 9:45.09
65-69: Tom Kealy, Council Bluffs, IA, 6:58.18

50M Butterfly

50-54: Scott Adams, Litchfield, 37.37: Mary Pat Moeller, 45.46
55-59: John Bolduc, Lincoln, 33.45: Sharill Prey-Luedtke, Martell, 39.96
60-64: Tom Kealy, Council Bluffs, NE, 37.2: Judy Kenndy, 53:56
65-69: Roger Holthaus, Omaha, 47:44.2: Pat Craze, Montrose, CO, 1:12.53
70-74: Stan LeMaster, Council Bluffs, IA, 47.33:
75-79: John Skoog, Omaha, 50.18
80-84: Les Demmel, Omaha, 1:36.09
85-89: Lester Demmel, Omaha, 2:11.44

100M Butterfly:

50-54: Mary Pat Moeller, Omaha, 1:54.82
55-59: Sharill Prey-Luedtke, Martell, 1:35.49
60-64: Tony Haske, Omaha, 1:39.03: Jane Oberg, Littleton, 1:54.76
65-69: Roger Holthaus, Omaha, 1:59.08: Jane Oberg, Littleton, CO, 1:54.36
70-74: Stan LeMaster, Council Bluffs, IA, 1:50.75
75-79:
80-84: Craig Walker, Redlands, CA, 5:35.36

200M Butterfly:

55-59 Sharill Prey-Luedtke, Martell, 1:35.49
60-64 Ralph Swiger, Suffolk, VA, 5:20.04
65-69 Ralph Swiger, Suffolk, VA, 5:54.54
70-74 Stan LeMaster, Council Bluffs, IA, 3:58.56
80-84 Craig Walker, Redlands, CA, 12:55.52

CYCLING:

5K

50-54: John Cox, Cheyenne, WY, 6:43: Patti Vanderhoff, Centerton, AR, 8:06
55-59: Dick Walker, Shawnee, KS 6:52.94, Suzanne Wilson, Omaha, 7:58
60-64: Richard Stewart, Castle Rock, CO, 6:51: Cindy Shaw, Auburn, NE, 8:17
65-69: Richard Stewart, Castle Rock, CO, 6:52 : Cathy Eastman, Lincoln, 8:24
70-74: Robert Thompson, Lakewood, CO, 7:27: Carol Deman, Omaha, 8:47
75-79: Gary McGregor, Atchinson, KS, 7:48: Nancy Brown, Bennet, NE, 10:55
80-84: Terry Knowles, Topeka, KS, 9:23
85-89:

10K

50-54: John Cox, Cheyenne, WY, 14:12: Patti Vanderhoff, Centerton, AR, 16:04
55-59: Gregory Bennett, Versailles, MO, 13:13: Suzanne Wilson, Omaha, 16:03
60-64: Richard Stewart, Castle Rock, CO, 13:58: Cindy Shaw, Auburn, NE, 16:38
65-69: Richard Stewart, Castle Rock, CO, 14:13: Nancy Brown, Bennet, 18:01
70-74: William Earp, Independence, MO, 16:10: Carol Deman, Omaha, 18:21
75-79: Michael Balog, Arvada, CO, 16:12 :Nancy Brown, Bennett, 22:09
80-84: Wilfred Miller, Topeka, KS, 19.34
85-89 Richard Reynolds, Oro Valley, AZ, 19:32

100M Breaststroke:

50-54: Ben James, Lincoln 1:53.18, Lynn Kurutz, Papillion, 1:54.64
55-59: Terry Medjo, Grand Island, 1:38.93, Deborah Qualey, Bayard, 2:06.96
60-64: Raul Borrastero, Brighton, CO, 1:34.10: Mary Pat Moeller, Omaha, 2:06:21
65-69: Terry Medjo, Grand Island, 1:42.89, Jane Obert, Littleton, CO, 2:05.41
70-74: Charles Baumgarner, Salt Flat, TX, 1:42.32, Carol Allen, Loup City, 2:31.22
75-79: Barton Greenberg, Omaha, 1:46.69, Carol Allen Loup City, 2:44.47
80-84: Cornelius Kelly 3:49.13: Gloria Glissmann, Omaha, NE, 3:40:88
85-89:

200M Breaststroke

50-54: Gail Klimek, Omaha, 4:14:48 : Courtney Drake, Hastings, 4:40:19
55-59: Ron Konechy, Kearney, 4:14:49 : Anne Frederick, Kearney 5:37.34
60-64: Terry Medjo, Grand Island, 3:45:15 : Mary Pat Moeller, Omaha, 4:33:30
65-69: Terry Medjo, Grand Island, 4:03.13: Deborah Qualey, Gering, 5:13.46
70-74: Stan LeMaster, Council Bluffs, IA, 3:44.39: Carol Allen, Loup City, 5:39.74
75-79: Thompson Burgess, Woodland Park, CO 4:18.04: Carol Allen Loup City, 5:45:37
80-84: Cornelius Kelly, Pinedale, WY, 8:03.57

100M Backstroke

50-54: Ron Konecny, Kearney, 1:28.88
55-59: Ron Konecny, Kearney, 1:29.75 : Sharill Prey-Luedtke, Martell, NE, 1:32.92
60-64: Mark Hakel, Lincoln, 1:31.15: Darcy McBride, Lincoln, 1:55.16
65-69: Terry Medjo, Grand Island, 1:38.66: Mariana Phipps, Omaha, 1:59:13
70-74: Stan LeMaster, Council Bluffs, IA, 1:46.68: Darcy McBride, Lincoln, 1:52.70
75-79: Joe Craze, Montrose, CO, 2:43.72: Patricia Harkreader, North Platte, 2:19.85
80-84: Chuck Sauer, Denver, 2:25, Taeko Baldwin, Lincoln, 2:54.72
85-89: Gene Beck, Kearney, 2:50.50
90-94: Robert Severance, Biolet, KS, 4:08.25

200M Backstroke

50-54: Bruce Jochen, Pierce, 4:21.25, Darcy McBride, York, 3:44.54
55-59: John Sloan, Lake Forest, IL, 3:24.15 : Sharill Prey-Luedtke, Martell, 3:07.53
60-64: Tim Ench, Grand Island, 4:19.34 Judy Kennedy, Omaha, 4:08.33
65-69: Tom Kealy, Council Bluffs, IA, 3:25.01: Mariana Phipps, Omaha, 4:04:61
70-74: Terry Medjo, Grand Island, 4:13.61: Helen Sauer, Denver, CO, 5:17.75
75-79: Bill Schroen, Omaha, 5:42.5,
80-84: Gene Beck, Kearney, 6:22.05
85-89: Gene Beck, Kearney, 6:32.1

100 IM Medley

55-59 Mark Bibeault, Medananes, NM, 4:54.25
60-64 Raul Borrastero, Brighton, CO, 1:27.25, Barb Amrhein, Canyon, TX 2:22.6
65-69 Scott Welk, Grand Island, 2:19.65
70-74 Stan LeMaster, Council Bluffs, IA, 1:39.43
80-84 Craig Walker, Redlands, CA, 4:19.00

GOLF:

50-54: Todd Jelden, Kearney, 69, Pamela Gallagher, Grand Island, 81
55-59: Gene Schneringer, Callaway, 67: Patricia Gallagher, Grand Island, 83
60-64: Gary Mason, Kearney, 67: Susan Rohrsneider, Ralston, 85
65-69: Gary Mason, Kearney, 65: Mary Halkyard, Gibbon, 85
70-74: Gary Mason, Kearney, 70: Elda Rodgers, Kearney, 93
75-79: Orlan Grams, Minden, 74: Harriet Bloemaker, Fremont, 105
80-84: Vernon Swanson, Kearney, 81
Larry Johnson, Pleasanton, 81
85-89: Vernon Swanson, Kearney, 87
Orlan Grams, Minden, 87
90-94: Eugene Price, 104

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50-54: Kent Krause, Lincoln, 46: Tami Anderson, Kearney, 61
55-59: Joe Johnson, Kearney, NE, 43: Judy Bellairs, Kearney, 53
60-64: Jerry Munsell, Kearney, 47: Marta Moorman, Kearney, 54
65-69: Cole Kerby, Kearney, 46: Sally McCann, Kearney, 63
70-74: Tom McCann, Kearney, 50: Regina McCann, Kearney, 70
75-79: LaVerne Mueller, Norfolk, 49: Regina McCann, Kearney, 79
80-84 Richard Bright, Rvenna, 76:

BOWLING:

Singles:

50-54: Patrick Dority, Lincoln, 769: Karen Schroer, Kearney, 569
55-59: Gary Flowers, Omaha, 658: Rosalie Ruscoe, Grand Island, 551
60-64: John Bierman, Omaha, 732: Eloise Shuck, North Platte, 617
65-69: John Nikkila, Kearney, 589: Ola Shaw, Kansas City, KS, 568
70-74: Larry Harrington, Kearney, 672: Ruby Walker, Hastings, 555
75-79: Walter Walker, Hastings, 731: Ruby Walker, Hastings, 560
80-84: Roger Bredahl, Columbus, 615: Barbara Sampson, Columbus, 522
85-89: Walter Beck, Columbus, 513, Lois Egger, Hickman, 401
90-94: Otto Husak, Omaha NE, 446: Jeanne Ackerman, Kearney, 196

Doubles:

50-54: Houtz/Zikmund, Kearney, 1289: Gardner/Gundmundson, Kearney, 1048
55-59: Younglove/Layman, Lincoln 1249: Klein/Wiester, Kearney, 1060
60-64: Ford/Kita, Omaha, 1275: Weisser/Korber, Columbus/Lincoln, 1064
65-69: Grimstad, Thompson, Bellevue, 1158: Norden/Wood, Lexington, 1027
70-74: Smith/Walker, Hastings, 1196: Ewing/Walker, Bellevue, Hastings, 1037
75-79: Harrington/Smallcomb, Kearney, 1222: Buske/Landrigan, Ravenna, 936
80-84: VanKotten/Thomas, Long Island/Norton, KS, 747 (women)

Mixed Doubles:

50-54: Fread/Fread, Lexington, 1284
55-59: Bierman/Bierman, Omaha, 1106
60-64: Hulla/Hulla, Bellevue, 1062
65-69: Weisser/Weisser, Lincoln, 1052
70-74: Husak/Kay, Omaha, 1108
75-79: Walker, Walker, Hastings, 1082
80-84: Walker/Walker, Hastings, 1053
85-89: Egger/Egger, Hickman, 839

20K

50-54: Craig Harding, Omaha, 30:36: Suzanne Wilson, Omaha, 33:02
55-59: Fred Galata, Omaha, 30:14: Christine Smith, Rochester, MN, 31:06
60-64: Scott Bullfinch, Lincoln, 30:40: Cindy Shaw, Auburn, NE, 34:46
65-69: Bill Earp, Independence, MO, 30:37 : Ann Shuman, West Des Moines, IA, 36:19
70-74: Gary Scott, Wheatland, OK, 31:08: Nancy Brown, Bennett 37:26
75-79: William Earp, Independence, MO, 33:45: Alice Heckman, Kearney, 54:56

40K

50-54: Craig Harding, Omaha, 52:24.00: Sydeny Brown, Lincoln, 1:02.09
55-59: Stephen Cramer, Omaha, 54:55: Nancy Stirek, Omaha, 1:04.32
60-64: Scott Bullfinch, Lincoln, 52:29: Suzanne Wilson, Omaha, 1:02.49
65-69: Bill Earp, Independence, MO, 54:13: Cathy Eastman, Lincoln, 1:18.54
70-74: William Earp, Independence, MO, 1:02.43
75-79: William Earp, Independence, MO, 1:02.00: Alice Heckman, Kearney, 1:35.1